



The Center for Spiritual Living Greater Baltimore

2022

Fall

Demonstration will be as perfect as is the subjective embodiment of thought. If we realize that form is Spirit in manifestation, that the parent of any specific form is a subjective idea, and that we can consciously create subjective ideas, then we shall have a correct method for effective practice.

~Ernest Holmes





Vision

“We are demonstrating a world that works for all – One Life-Affirming Thought, Word, Feeling, Deed, and One human interaction at a time.”

Mission

“Provide the community with the tools, techniques, and talents that the Science of Mind ® and Religious Science offer, that they awaken to the Divine Truth of their being for the purpose of living life to the fullest.”

Purpose

“This Spiritual Community is a place of celebration, sanctuary, and life-affirming expression dedicated to seeing and revealing the Truth of our Divinity. Living that Truth out loud, consciously, actively, and powerfully.”

The Center for Spiritual Living Greater Baltimore



A Message from the Spiritual Director

It is my desire and intent that this quarterly publication serves each of us in the community by offering us greater ways to connect to the teaching and the practice while also learning more about our community, serving our community, and building our community. In other words, manifesting a World That Works For All by beginning here with a CSLGB Community that is the model, the template, the Blueprint of how the Beloved Community that Works can operate.

Blessings and as Stan Lee used to say, "Excelsior!"



Declarations

<https://www.cslgreaterbaltimore.com/affirmations>



01 Health

I am Healthy and Well. My body temple moves freely with ease and grace and I am full to overflow with vibrancy, vitality, and vigor! This body is God's Body and it is Divine!

02 Responsibility

I live move and have my beinging from the wisdom and intellect of The Universe and I respond to life and all circumstances accordingly. I do what is mine to do with power and purposefulness.

03 Relationships

Knowing that all beings are incarnations of the One, I relate to each person I know, those that I meet, and those that I will never meet, as the Divine. May all beings be healed, be whole, and know their Spiritual Magnificence, and may I be of service to this awakening via my relationships.

04 Creativity

God is Infinite Creator, Creation, and Creativity ItSelf, and because it is all there is and it is incarnating in, through, and as me, I too am creator, creation, and creativity expressing as me. I know that my being, my presence, is a creative power and so I create consciously and compassionately.

Prayers

Spiritual Mind Treatments

<https://www.cslgreaterbaltimore.com/library-of-spiritual-mind-treatment>



What is Spiritual Mind Treatment?

Treatment is a five-step process of affirmative and scientific prayer. Treatment is a process and method used to realign our thought with our Truth. Treatment is clearing the thought of negation, of doubt and fear, and causing it to perceive the Truth of the ever-presence of God or Spirit Indwelling that is never separate from us.

What is a Licensed Practitioner?

A Centers for Spiritual Living Practitioner is a person of high spiritual consciousness and deep understanding, trained in the study of the Science of Mind, and in the art, science, and skill of Affirmative Prayer. Practitioners are dedicated to the cause of helping others, licensed to practice professionally, and bound by a high code of ethics to respect your privacy.

How do I receive or request a Spiritual Mind Treatment?

You can connect to a Practitioner after Sunday service for what we typically refer to as a "One Minute Miracle" which is your opportunity to have a one-on-one moment with a Practitioner for prayer.

You can also send an email at any time during the week to request the Practitioner Core to pray for you. And if you want someone to contact you for prayer, you have that as an option as well!



"Treat and Move your feet!"
At CSLGB, We live as answered prayer!

Prayer for Health

It is from the awareness of the One.... the One Presence, the One Power, the One Life that I declare this prayer to be true. This One is God, the Infinite Intelligence that governs the Universe.

I recognize that this One Power is not only at the center of all of life, It is my life, It is Life ItSelf!

The Divine Substance from which all things are created is what my body temple is made from and made of.

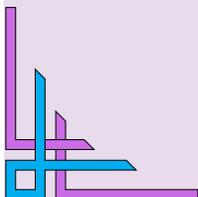
It is precisely because of this substance that I am able to affirm and declare the truth regarding my body as being a perfect demonstration of health and wellness. Every cell, muscle, tissue, ligament, bone, organ, ... all of it, everything that comprises this body, all of the molecules, atoms, quantum particles, and waves, all of it operates in Divine Harmony with that which it was created from and that which it is an expression of - Source, Spirit, God!

From this high vibration of gratitude, I release my word into the Law knowing that the Law must return my word to me abundantly fulfilled. I am healthy and well and I live move and have my beingness as health and wellness!

I let it be so now.

And so, it is.

Amen



God is the Infinite Source of All Wealth

All things flow from this Source and are found within it. This means that which I need financially, that which I want financially is flowing from this boundless Source of All that is. Wherever or whomever I receive money from is merely a channel of how the Divine supplies ItSelf as me with this resource called money.

I am open to receiving all that the Infinite givingness of God has available for me.

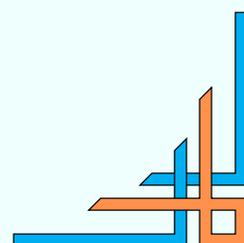
It gives to ItSelf as me!

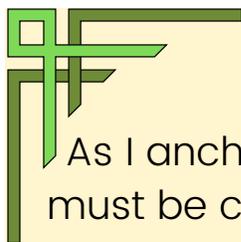
My cup runneth over because I receive from the over-flow of Spirit and I steward this wealth with expert care and wisdom! I am an expression of Abundance beyond measure! My mental equivalent is one with Prosperity, Abundance, Wealth, and Opulence. I receive that I may give. I give and it is given to me. I participate in this Law of Circulation, the Divine flow of giving and receiving that I may give yet again and again... Just as God does!

This ability to demonstrate my financial abundance and effective stewardship of my finances fills me with Thanksgiving and Gratitude and from that feeling I surrender this prayer to the Law. The Law receives and responds accordingly.

Knowing, feeling, and acting on this as answered prayer, I declare it as done because I know it is already formed in the Mind of God. It is done!

And so it is!





Right and Perfect Relationships

As I anchor to Truth I know that the Infinite Spirit that is all there is must be connected to each and every part of ItSelf throughout all space!

For me, this means that I too am connected and that as I honor and recognize this connection, I honor and recognize the quality of my relationships that I declare as being my life experience.

I declare my relationships are a demonstration of clear and compassionate communication, nurturing and support, love and assistance, balanced reciprocity, the divine giving and receiving of those who pour into me as I pour into them. I recognize that each of us is already whole, perfect, and complete and that our relationship is a blessed reminder of this Truth.

I also call holy boundaries into my experience, only those who bring to me what I stand for and what I am right now declaring, those are the only people who enter into my sacred circle of relationship.

There is no space in my sphere for discord of any nature and so I stand within the boundaries of light, love, and the lifting up of joyousness as I and those I am connected to enjoy our time together in laughter, conversation, camaraderie, and community. I see their Divine Magnificence and they see mine and together we live our best lives.

Anchored in Truth I surrender this into the Law knowing it is done accordingly.

And because this treatment is already showing up as answered prayer, I dance in gratitude and joyful thanksgiving.

It is already so
And so it is.



Right and Perfect Expression of Purpose

Knowing that God is the Absolute Allness of All, I know that there must be Reason, Purpose, and Divine Intent in everything, or else there would be nothing!

And so I know that I, being an incarnation of this Allness, I too have access to my own created Passion, Purpose, and Reason for Being!

I know that there is nothing outside of me determining my destiny or direction and so I now claim, with authority and power, my place as Steward of my Life!

I acknowledge my effective use of my Mental Equivalents to manifest my passions accordingly and thereby, to live my Purpose on purpose!

Knowing that my thoughts create and that my words have power, I declare this Truth and know that the Law receives it and does what it does.

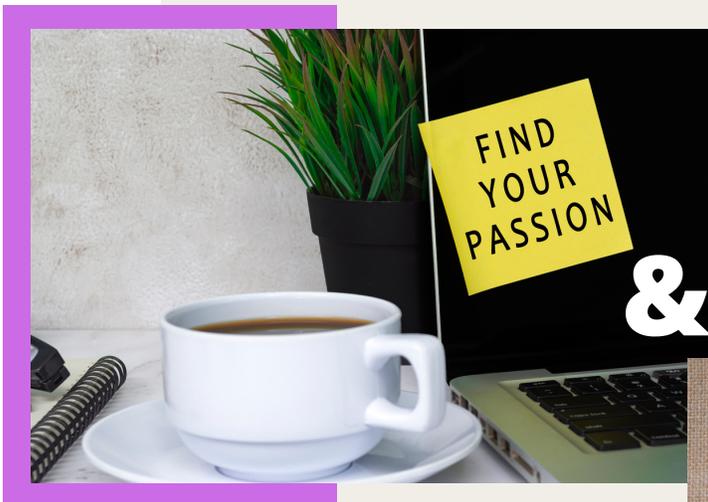
So with joyous gratitude, I surrender and I receive.

I treat and I act.

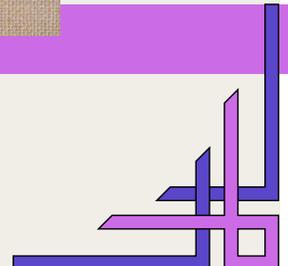
I know and I live!

This is what is so...

And So It Is!



Live with
purpose



Devotional

Meditations and Contemplations

<https://www.cslgreaterbaltimore.com/library-of-spiritual-mind-treatment>



The general purpose of a devotional is to encourage spiritual growth. Not all spiritual journeys are the same, so different devotionals serve different purposes. This includes individual devotions, group devotions, or family devotions. Some people prefer to journal their spiritual devotions to document their spiritual growth.

Devotionals Provide a Time for Daily Prayer and Meditation

Most devotionals involve some sort of seasonal or calendar rhythm. Daily devotions are an example of this. They are helpful because time for meditation and prayer is built into the format. Some people prefer shorter devotions and others find in-depth reflections more suitable.

Devotionals help you grow closer to recognizing the Truth that we are Individualized Expressions of God. We develop or awaken to this awareness through study, reflection, and active engagement.

"Where God is recognized, there is life. Where the power of God is realized, there is action. Where the goodness of God is acknowledged, there is peace."

~365 Science of Mind



Daily Devotional - It is as you Believe!

Entering into a state of stillness, away from the busyness of thought and activity, breathe, and when ready, read the following two passages and allow yourself to explore the following:

- What do they mean to you?
- What are they inviting you to be, and do?
- How can you more consciously live in a way that is aligned with what these passages are expressing?



All ideas are formed in the present, since there is neither past nor future to Reality. Thus we must picture our desires as already created.

~Ernest Holmes, Lessons in Spiritual Mind Healing

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

~Mark 11:24



Daily Devotional

 Center for
Spiritual Living™
Greater Baltimore

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www.csllargeraltimore.com

Featured

Eugene D. Holden, RScP of Distinction



When did you become a Practitioner?

I have been studying the Science of Mind and Spirit since 1986. I became a licensed Practitioner in 2005 through Agape International Spiritual Center.

What made you want to become one?

Initially, I got into classes to heal my broken heart and broken life. The experience was so rich that I found myself enrolling in the Practitioner classes. I wanted to become a Practitioner because I wanted to serve in a deeper way.

What does being a Practitioner mean to you?

After 17 years of being a licensed Practitioner, I can truly say that being a Practitioner means the world to me. I have been given the opportunity to serve thousands of people around the world. I am humbled and most grateful that I get to do this work. I don't have to do this work; I get to do this. What a blessing. I cannot think of doing anything else but being a Practitioner, practicing the Presence of Spirit in my everyday life.

How is your life different as a result of being a Practitioner?

People say that we always have a choice. In almost everything else I would agree. However, in this case, I have to say, I have no choice. My life has been enhanced a hundred-fold as a result of being a Practitioner. What people must understand is that for me, I am not only a Practitioner of Science of Mind and Spirit. I am a Practitioner here to practice the Presence of the Divine in my everyday life.



Featured cont.

Eugene D. Holden, RScP of Distinction



What does being a Practitioner of Distinction mean for you?

I am not just a Practitioner, I am a Practitioner of Distinction. What does this mean? It means that I am committed to living, moving, and having my being in and as the Presence of the Divine. Being a Practitioner of Distinction means that I surrender the personality known as Eugene Holden so that the Presence of God shows up in me, as me, and in every aspect of my life. Being a practitioner of Distinction means that when you see me, you see the Presence of the Divine that has re-presented Itself as me.



What do you appreciate about being a member of CSLGB and serving on the Board of the Prac Core?

I have the choice and privilege of serving anywhere within the Centers for Spiritual Living Organization, with over 400 Centers. I choose to be a member of and serve the community of Centers for Spiritual Living Greater Baltimore because, along with the Rev. Dr. Raymont Anderson, we, the Practitioners of Distinction, are committed to living from a place of deepened consciousness where we are not only talking the talk, shucks, anyone can do that. As a Practitioner of Distinction serving through CSL Greater Baltimore, I am about walking this walk as a Practitioner. I am here to practice the Presence of the living Spirit in every aspect of my life. Serving on the Board of CSL Greater Baltimore allows me to show up as a leader. To put it quite simply, leaders lead. As a Practitioner of Distinction on the Board, I get to assist others in remembering who and what they truly are: Divine Beings of Light. This way, we can together reveal the kingdom of heaven here on Earth. Heaven to me is ever-expanding good.

Featured cont.

Eugene D. Holden, RScP of Distinction



What is one of your favorite Spiritual Practices?

My spiritual practice keeps me grounded in knowing that I am one with God. My favorite practices are prayer, meditation, and Tai Chi Chuan. Tai Chi is a practice of oneness. This goes along with what Dr. Ernest Holmes said when he stated that "There is only one life. That life is God's life. That life is perfect. That life is my life now." I also add, I Am the perfect life of God. Tai Chi helps me to anchor that Truth



A movie you would recommend?

I, like most people, love movies. One of my all-time favorite movies is "The Shawshank Redemption." Why? Because it speaks to the depth of relationship, we as human beings can have with one another, no matter the circumstances, no matter the race, creed, or color. This is a beautiful movie. I love it. Truly, on my list of top three movies.

A book you would recommend?

I read a lot and have for a long time. I would recommend reading anything by Joel S. Goldsmith or Ernest Holmes. I would most definitely recommend reading the Upanishads translated by Eknath Easwaran. Want to deepen your consciousness? Definitely read and study this one. It is a life changer, a game changer.

A favorite quote?

My favorite quote is from the Chandogya Upanishad. "Of everything he is the inmost Self. He is the truth; he is the Self supreme. You are that: you are that."

May your life be an example of the living, loving Spirit revealing Itself in, through, and as you.
Peace and Abundant Blessings,
Eugene Dale Holden, RScP



Metaphysical and Mystical Movie Musings



All stories can be interpreted and understood "metaphysically" i.e., spiritually and mystically. They all offer us a deeper understanding of the Divine, of Life, and of ourselves. We watch the films in the same way we would read any "sacred text" (the Koran, the Bible, The Talmud, the Tao, or the Bhagavad Gita. As such, we begin to see deeper more meaningful themes and truths revealed as each character becomes an aspect, an archetype or ourselves and each situation and experience an insight into what is ours to do.

FEATURED FILM: **NOPE**

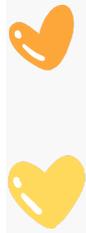
Jordan Peele has done it again with yet another film that dives into the psychology of the human mind and behaviors. While it is labeled as a "new terror" it is more of a psychological thriller. This film focuses on the idea of "Spectacle" and how we lose our lives by getting lost in the newest thing to obsess over.

What is the Metaphysical Takeaway?

Are there things that we in New Thought get so focused on, so attached to, that we no longer operate from Principle? We no longer operate with integrity? We no longer operate in a Life-Affirming manner? NOPE offers an insightful view into the consequences of staring intently at the objects of our obsession – Social Media, Reality TV, Netflix and Chill, and even the spectacle of how the news is presented. The more we are caught by the shiny new things, the more we lose sight of what really matters most... Our own lives and that of those we love.

Whether you have seen it or not, today's invitation is to identify where you are easily distracted by the "spectacle." Ask yourself, "what do I benefit from being addicted to this "spectacle?" and then, declare NOPE, I will remain focused on Life and Love!





Opportunities

To serve in the Community



- Fundraising Committee
- Sunday Set-up and Take-down Crew
- Hospitality and Greeters
- Sunday Service Host
- ?????

For more information or to sign up, contact info@cslgreaterbaltimore.org



The Law of Circulation

Declaration of Financial Wealth and Abundance

I joyfully, consciously, and gratefully participate in The Law of Circulation.

I trust in the Spiritual Principle that says as I Sow into my Beloved Community, I demonstrate my awareness of standing not only in the flow but as the flow ItSelf. As I sow of myself, my time, my treasure, my talent, I demonstrate my support and engagement in my community's vision, mission, and purpose.

I actively give as a demonstration of manifesting, of reaping the harvest of a World that Works for All!



PAYPAL

- Donate through PayPal's secure website with PayPal or Credit Card



GIVELIFY

- Donate through Givelify's secure website, download the app



TEXT-TO-GIVE

- Simply text the amount you'd like to give to (410) 873-1928*

(e.g. text \$50 to the above number)



POSTAL MAIL

- If you prefer you may send a check through the postal service. Contact our Treasurer Sue Monaghan Sue@biwt.com / biwtssm@aol.com

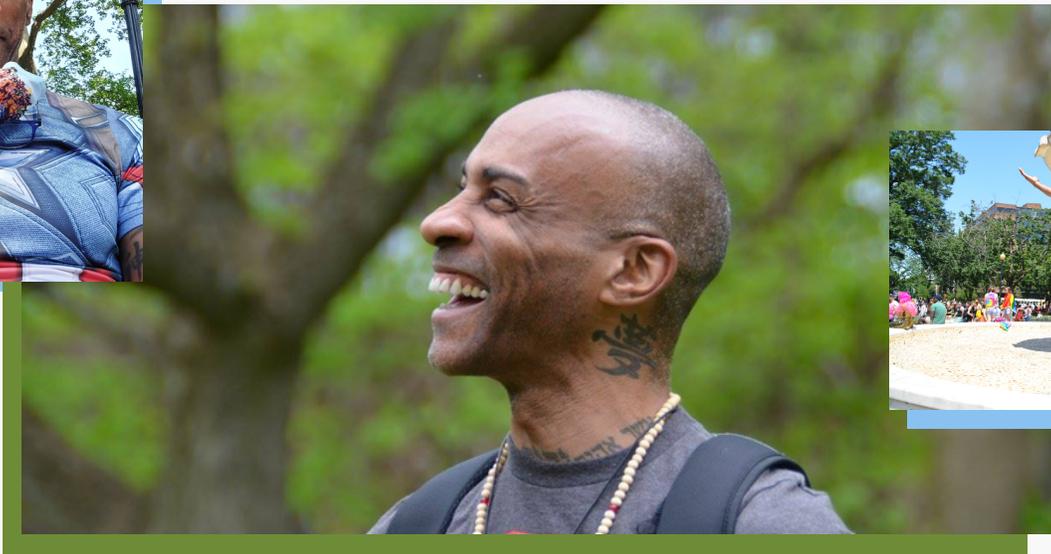
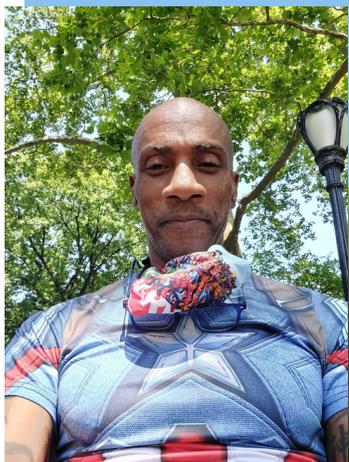


<https://www.cslgreaterbaltimore.com/give>

Q AND A

with

REV. DR. RAY



This is your opportunity to ask Rev. Dr. Ray anything. Want to know more about his Spiritual Practices? His experiences growing up and his journey through healing trauma? His favorite superheroes? His favorite musical artist or painter? Here is your chance to ask what you want to know.

The Question: What got you interested in New Thought?

Having grown up as a non-church-going Christian who mostly watched TV evangelicals deliver messages of self-hate, disempowerment, and judgment all under the guise of love and the teachings of Jesus, I developed a massive amount of venomous self-hatred. Discovering New Thought showed me that there was a more effective, empowering, Life Affirming, and liberating form of Spirituality where I could know the Truth about myself and others and live according to that Truth. And I could shape the direction of my life in a way that I couldn't before. The more I studied and practiced the more freedom I experienced!

Join us for Service Virtually



We are currently a Virtual Service-based Center that does our Sunday service and our Educational courses virtually. In the near future when we have a new meeting space, we will move to a Hybrid (both in person and Online). You are invited to attend the Sunday services, take classes, join the various study groups, and participate in any of the community's in-person activities such as the Lunch Bunch.

For more information visit: <https://www.cslgreaterbaltimore.org>



Membership



How Do I Become a Member?

When you are ready to consider CSLGB your spiritual community by becoming an Active, Loyal, and Supporting member, the first thing you do is take the online "Discovery Class" which is a brief introduction to who and what CSLGB is, what we believe, and teach, and our connection to the Centers for Spiritual Living organization.

The Discover Class can be found here:

<https://www.uthrivehere.com/csl-greater-baltimore-discovery-class>
as well as <https://www.cslgreaterbaltimore.com/education>



Benefits of Membership

Being a Member of CSL Greater Baltimore is a wonderful, enriching, fun, and Life-Affirming experience!

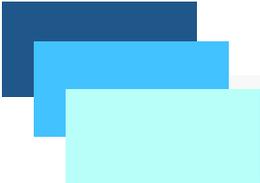
As a member you are a part of a Spiritual Community that is moving in the same forward, evolving direction that is in alignment with the vision of creating a world that works for all.

You also get access to exclusive member content, such as future issues of this magazine, that will be available via the Member Login on the website.

Member Application



<https://www.cslgreaterbaltimore.com/membership>



DECLARATION OF PRINCIPLES

Ernest Holmes wrote the Declaration of Principles, also known as “What We Believe,” for the first issue of Science of Mind magazine that was published in 1927. “What We Believe” has been included in every issue of the magazine since then for the past 88 years.

By studying and applying spiritual laws, we can change our unconscious beliefs and create improved conditions in our life.

WE BELIEVE in God, the Living Spirit Almighty; one, indestructible, absolute and self-existent Cause. This One manifests Itself in and through all creation, but is not absorbed by Its creation. The manifest universe is the body of God; it is the logical and necessary outcome of the infinite self-knowingness of God.

WE BELIEVE in the individualization of the Spirit in us, and that all people are individualizations of the One Spirit.

WE BELIEVE in the eternity, the immortality and the continuity of the individual soul, forever and ever expanding.

WE BELIEVE that heaven is within us, and that we experience it to the degree that we become conscious of it.

WE BELIEVE the ultimate goal of life to be a complete freedom from all discord of every nature, and that this goal is sure to be attained by all.

WE BELIEVE in the unity of all life, and that the highest God and the innermost God is one God. We believe that God is personal to all who feel this indwelling presence.

WE BELIEVE in the direct revelation of truth through our intuitive and spiritual nature, and that anyone may become a revealer of truth who lives in close contact with the indwelling God.

WE BELIEVE that the Universal Spirit, which is God, operates through a Universal Mind, which is the Law of God; and that we are surrounded by this Creative Mind which receives the direct impress of our thought and acts upon it.

WE BELIEVE in the healing of the sick and control of conditions through the power of this Mind.

WE BELIEVE in the eternal Goodness, the eternal Loving-kindness and the eternal Givingness of Life to All.

WE BELIEVE in our own soul, our own spirit, and our own destiny; for we understand that the life of all is God.

THE TEACHING SYMBOL

The Teaching Symbol

This is our teaching symbol, designed by our founder, Ernest Holmes (1887-1960).



It symbolizes the creative process of both Universal and individual Life based on the profound idea that we are “made in the image and likeness “ of the ONE. Its literal definition is “The descent of Spirit, through Law, into form.”

The Circle represents Infinite Spirit or the ONE. This circle contains three sections representing three aspects of the Divine Reality, or a “trinity” of Life.

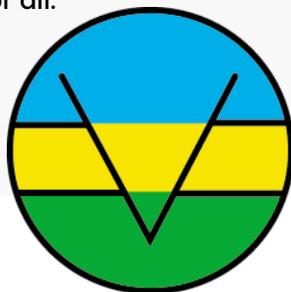
The top section represents Spirit, the Absolute Nature of the Divine, the impulsion of Love and the Desire to Create. It can also be understood as the Creator, or First Cause. This is the seed of thought, belief or intention. Within that Infinity is Spiritual Law. Law is accessed by each of us, first by our conscious awareness. Then, we empower some of our thoughts with feeling. Thoughts surrounded by feeling become beliefs—and our beliefs create our experience of conditions, forms, effects.

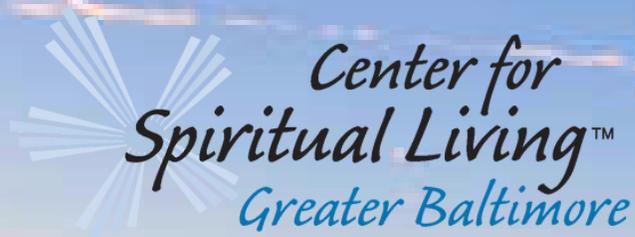
The center section represents this Law of Cause and Effect (Soul), meaning the orderly process through which the Will of God (the impulsion of Love) becomes manifested or created. This is the soil into which the seed is planted.

The lower section is Body, meaning the physical, created universe which is understood to be the actual manifestation (incarnation) of Spirit in Form. This is the growing plant which is the result of the seed being planted.

The “V” symbolizes the creative process itself, reminding us that any impulsion or cause, be it a thought, intention or belief, moves through Law and becomes part of the physical. For every form, experience or effect there is a cause whether consciously planted or not.

By developing a new belief in the goodness and givingness of life, each of us can manifest a new way of being in the world: greater happiness, harmony, prosperity, anything we can imagine. Consciously using the Law of Mind toward these ends, we contribute something positive into the collective belief system of all humankind, setting an intention of a higher good for all.





Thank You!

You are Awesome!!

Thank you for all you are and all you do to be a beneficial presence in the CSLGB Community, The Greater Baltimore Community, the CSL Community, and the World!!

Your presence and contributions of your Time, Talent, Treasure, and Tithes truly makes a difference!!



Address

Location: Virtual / In person coming soon



Telephone

667-401-2202



Website

<https://www.cslgreaterbaltimore.com>
<https://www.cslgreaterbaltimore.org>